

## Living Kidney Donor Psychosocial Evaluation Checklist

OPTN policy changes for living donation are effective February 1, 2013. These changes will create national standards for evaluation and informed consent of all living kidney donors. Programs may use this checklist to review their psychosocial evaluation process and determine if it contains all the required as specified in [OPTN Policy 12.0](#). The 'OPTN Reference' column indicates throughout the checklist which specific policy section applies.

Policy Requirement		OPTN Reference
<b>Evaluation must be performed by one of the following:</b>		<b>Policy 12.3.3</b>
	Psychiatrist	
	Psychologist	
	Clinical social worker	
<b>Psychosocial assessment documentation must include:</b>		
	Psychosocial (including mental health) issues that might complicate recovery	
	Potential risks for poor psychosocial outcome	
	High risk behaviors as defined by US Public Health Services (PHS) that have potential to increase risk of disease transmission	
	History of smoking, alcohol and drug use/abuse and dependence	
	Recommendation for additional evaluation and/or intervention prior to final donation decision	
	Potential donor understanding of donor's:	
	• Short term medical risks	
	• Long term medical risks	
	• Short term psychosocial risks	
	• Long term psychosocial risks	
	Whether decision to donate is free of inducement, coercion or other undue pressure	
	Motivation for donation	
	Relationship with intended recipient	
	Potential donor's ability to make an informed decision	
	Ability to cope with major surgery and related stress	
	Donor plan for donation and recovery	
	Social, emotional and financial support available to the donor	
	Donor's occupation	
	Donor's employment status	
	Donor's living arrangements	
	Donor's social support	
	Donor's understanding of the potential financial implications of donation	

*This checklist contains required elements found in OPTN Policy 12.0 that pertain to psychosocial evaluations for the living donor patient. Use of this checklist is not required, nor does its use guarantee an assessment of compliance upon site survey. The checklist is meant to be used as a tool for members in the development of their site-specific templates, tools, and internal policies and procedures. Use of this checklist does not replace the need to thoroughly document completion of all elements required by OPTN policy.*